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“It is not important  
to be better than  
someone else, but to  
be better than  
yesterday.”

- Jigoro Kano

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# RED RIVER JUDO

## TRADITIONAL AND FREESTYLE



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### Contact

3509 4th Ave S

Fargo, ND 58103

[redriverjudo@gmail.com](mailto:redriverjudo@gmail.com)

[www.rrjudo.com](http://www.rrjudo.com)

  @redriverjudo



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## Tuition Costs

Full Time: \$60 a month

Part Time: \$30 a month

### Discounts

Military: \$10 dollars off full time

College: \$10 dollars off full time

Parent/Child: 50% off one membership



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## Class Schedule

### Adults

Tuesday: 7:30 to 9:30 PM

Thursday: 7:30 to 9:30 PM

Sunday: 2:00 to 4:00 PM

### Kids

Tuesday: 6:45 to 7:30 PM

Thursday: 6:45 to 7:30 PM

Sunday: 1:00 to 2:00 PM (by appt)



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## What is Judo?

Judo is a dynamic sport that involves gripping, grappling and throwing our opponents to the mat. Once there, we can pin our opponents or make them submit with powerful strangles and sudden joint locks. Judo is as much a sport as it is an art. And through the practice of both the sport and the art, a person can find growth in their self confidence, physical fitness and personal achievement. Everyone's journey through life is their own, make Judo part of yours.